



# The Gregorian Chant

Newsletter of St. Gregory's Episcopal Church  
September, 2011

Dear Brothers & Sisters in Christ,

Could you imagine how terrifying it might be to have amnesia? Not being able to remember who you are, cut off from your past, adrift in the present.

While that usually takes something traumatic as far as our memory, we can all suffer from spiritual amnesia, especially when it comes to how we express our faith. If we are cut off from our communal memory, the tradition lived from the earliest years of the followers of the Way (of Jesus), we can become adrift. The vestry & I have been talking about having some teaching on our worship, in particular, our service of Holy Eucharist. Whether we are lifelong or brand new, we all could use some "memory-jogging" about this means and content of our faith in Jesus Christ.

For this fall I am working on having an adult forum on our worship, looking at the words, the actions, and the meanings for us of this ancient tradition of Christian worship. I realize that coming at 9:00 on Sunday morning is difficult for some of you, but we would love to have you join us--- and St. Arbut's will be open!

Cognizant of the reality of not having everyone there, I plan to write articles for the Chant regarding various aspects of our primary form of worship. So to begin, here is a bit on worship in general:

Worship is the central act of the community of faith. The word "worship" means the act of honoring God. Our primary act is in thanksgiving, which is the meaning of the word "eucharist." Worship is not just what we say, it is what we *do*. We use the word "liturgy" to refer to our worship--it literally means "what the people do."

Our worship is an act of giving thanks to God for what he has done for us. As one commentator on our worship expressed it: "Every celebration of the liturgy unfolds the entire drama of salvation." Through our worship we are not just reminded, but we make this reality of God's saving grace real and present to us. It is for us not just remembering the past, who we are in terms of our Christian heritage, but formative--- helping create our spiritual life in Christ. We can worship God anywhere and in any way, but from ancient times it has been found helpful to set aside a place, a time, and a way of worshipping together.

Our liturgy consists of what we say, which is found in our Book of Common Prayer, and what we do. Most of the words in worship originate in scripture. They come to us from liturgies formally recorded since the 5<sup>th</sup> Century, but in use from the earliest years of Christianity. The actions of standing, bowing, kneeling, making the sign of the cross, and others come from ancient practices. Our worship itself derives from the Jewish practices familiar to Jesus and his disciples.

Our roots in worship are deep. We are this people who have, generation after generation, been coming before God to humbly offer praise and thanks for what has been done for us in the gift of Jesus.

Your worship must engage your spirit in the pursuit of truth. That's the kind of people the Father is out looking for: those who are simply and honestly *themselves* before him in their worship. <sup>24</sup> God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration. John 4:23-24 (The Message)

Blessings in Christ,

*Todd+*

# Angels Everywhere



**Tuesday, September 20<sup>th</sup> at 7:00 p.m.**  
**At Horan & McConaty, 7577 W. 80<sup>th</sup> Ave.**  
**(at Wadsworth Blvd.), Arvada**

Miracles and “god-incidences” are happening to us all the time. Come hear Sr. Georgeann Quinlan, BVM, talk about how close God’s messengers are in our day-to-day lives in her inspiring presentation. Come and share your experiences. Sr. Georgeann is currently working on her second book of angel experiences. Free will offering goes to Sr. Georgeann. For more information or to RSVP, call HeartLight Center at 720-748-9908 or email: [Emily@heartlightcenter.org](mailto:Emily@heartlightcenter.org)



## **SONGS OF FAREWELL**

### **A Nation Reflects on 9/11**

Sunday September 11, 2011  
Montview Boulevard Presbyterian Church  
1980 Dahlia St  
Denver CO 80220  
7:30 pm

St. Martin's Chamber Choir opens its 2011-12 season with a concert on Sunday, September 11, 7:30 pm at Montview Boulevard Presbyterian Church. Artistic Director

Timothy Krueger has selected a program of music by American composers Terry Schlenker, William Schuman, Edward MacDowell, Eric Whitacre and Edwin Fissinger, as well as the featured work, C. Hubert Parry's *Songs of Farewell*.

Krueger at first considered a choral Requiem, but then decided that the concert should not be a purposefully religious concert. "Our purpose is to remember the loved ones of those who died on 9/11/01, and those whose lives were affected by those tragic events, which includes almost all of us," said Krueger. "We all must deal with loss in profoundly individual ways, adapt to the altered circumstances, and ultimately release the pain of loss into hands greater than our own."

The program will be divided into three sections that mirror the way one deals with any tragedy: 1-Tragedy and Grief; 2-Striving for Comfort; 3-Solace and Release.

The concert is being broadcast live on Colorado Public Radio's classical music service at FM 88.1 in the Denver area, and online at [www.cpr.org](http://www.cpr.org).

Tickets for "Songs of Farewell" are \$35, \$24 and \$5, and can be purchased online at [www.stmartinchamberchoir.org](http://www.stmartinchamberchoir.org) or by calling the St. Martin's box office at 303-298-1970.

**Tickets:**

- \$35 Premium**
- \$24 General Admission**
- \$5 Student**



The Potty Party is coming up in October and Sue Smith has come up with a great idea:

Buy a large basket or a bucket for \$1.00 at one of the dollar stores and take it to work with you. Label it with a sign that says "Donations for the St. Francis Center" and put it by your desk. Then send out an email to your office and tell them that you are collecting toiletries (motel, hotel soaps, lotions and shampoos) for the St. Francis Center. We all have those little bottles put away in a drawer or cupboard that are just collecting dust. And, if you go on trip, bring those bottles and soaps home with you. You know that you're paying for them, so you might as well take them with you. When the bucket or basket gets full, dump everything into a plastic bag and bring it to church with you. Sue has collected 2-3 baskets full a year and others that know about it have

brought in 2-3 bags full in the last 3 or 4 months. A lot of people have been taking trips during the summer so now is the time to ask! Keep the basket/bucket there all year and you'll be surprised how many people will keep bringing them in.



Things are growing--- and we are harvesting! We have gathered over 500 pounds of produce for the local food bank. You are welcome any Sunday after church (or at any time) to come and help with our two communal plots, the two large ones located on the east end, to water & weed. It's also great fellowship. For questions call Cynthia Roberts 720-252-3967.

[highlandsprayer@yahoo.com](mailto:highlandsprayer@yahoo.com)



Everyone is invited to our **Harvest Party**. It's a thank you to our gardeners, it's an excuse to party. **Saturday, September 17 @ 6:00 p.m.** Sign up at church.

# Youth Group NEWS

After a fun summer doing mission trips and fun outings, we will start up again on September 11 with our regular meetings on Sundays after the 10:00 service at church. Any in Jr. or Sr. High come join us for fun, projects, fun, some discussion and learning, fun, and.... more fun. In the meantime, check your e-mail for the fun ...

## DESTRUCTO DAY

When we will be removing a wall between two classrooms to make a larger one. Not on the e-mail list? Contact Brinda Pumphrey at [blane\\_pumphrey@hotmail.com](mailto:blane_pumphrey@hotmail.com) to be added.

## HEAVENLY HAPPENINGS

By  
Kim Stephens

The following is from the "Young Families Prayer Journal" which was prepared by Joe Hattick from St. Michael's Episcopal Church in Colorado Springs:

*September is a time of returning to school; returning to busyness. There are sports, band, dance, gymnastics, and other curricular activities. It seems like the same old thing, again. But everyone is a year older, and so it is the same, but new. Take time this month to think out the plan for the year. Reflect on what lies ahead and how even though the future sometimes looks impossible, all things are possible with God. You might write out a goal list with each person in the family listing one thing they really want to achieve this year. September is a good month to plan and pray for success in all we do.*

I find this time of year refreshing even in the midst of trying to juggle the schedules and commitments that require so much of my time and energy. It is a time for new beginnings. I feel as if I am given an opportunity to try new things, change things a little, or make things that are going well even better. Being the director of children's ministries at St. Gregory's is a blessing to me and I look forward to starting a new Sunday school year with each of you! Although many things are the same, the way we experience them is new every year. I am excited to have some new families joining us and amazed at how the children are growing from year to year. Many of our children will be entering new classes in Sunday school this year! I am excited to try out a new curriculum for our third through fifth graders and for the first and second grade class to celebrate the Holy Eucharist together this year! Also new this year is that the youth group will be partnering with me this year in planning, preparing, and presenting the children's Christmas pageant!

I invite you to make it a goal this school year to join us for Sunday school. We will begin on September 11<sup>th</sup> at 10:00 in the Parish Hall classrooms and return to church for Holy Eucharist. We will have some fun on our first day with some activities from Vacation Bible Camp this summer. We were able to fit in four days of faith filled fun at camp and I promised the kids one more day since it proved to be one of our favorite camps to date!

On Sept. 18<sup>th</sup> we will celebrate "Fat Boy's Sunday." It is an annual celebration for which we prepare and package food for those in need in the Denver area. The "Fat Boys" are a group of people who ride their "Fat Tire" bikes to deliver the food we provide to the homeless. Each class will have a special job to do and we would love for each family to bring a casserole, soup, stew, or dessert for us to package and share with the Fat Boys.

This year will be a Holy Eucharist Celebration year for our First and Second graders. The curriculum will focus on the Eucharist and the children will work on a special project throughout the year to present at their special celebration on the Sunday following Easter. If you have family from out of town, please let them know about our special celebration so they can plan to attend! We invite older children who have not participated in our Eucharist Celebration to join us once a month for a lesson and to work on a special project. Father Todd will also meet with the Holy Eucharist participants in the spring in preparation for the big day.

I mentioned a new curriculum for our third through fifth grade class. I have ordered Grapple by Group Publishing. Grapple is an all-new Sunday school curriculum designed especially for this age group. The lessons allow children to dig into the Bible to grapple with faith and life issues and have Bible studies for kids that get kids digging into the Bible to relate faith to real life and find answers to questions they grapple with the most. Also included are weekly challenges that dare kids to apply what they've learned in simple, effective ways.

In closing, I'd like to thank Tony Miller (Annie's and Morgan's dad) for organizing the Church picnic! The food was delicious, the day was sunny, the bouncy castle and sno cones (Thanks to Jim Russell for making the sno cones!) were fun, and it was great to reconnect with our friends that have been away for some of the summer! I am looking forward to seeing you all in Sunday school this year and know it will be a great year!

Again from the "Young Families Prayer Journal":

*Almighty God, Whose hands hold all matters of life, give us grace of success in the work that we do. Help us to give it the careful thought and the strict attention that will lead to success. Watch over us and govern our actions, that we may not mar its perfection. Show us how to give our best, and let us not despise the toil that is necessary to complete it. Make our lives successful ones, in that every duty you give to us, we do it well. Give us the blessing of your help and guidance, and suffer us not to fail. In Jesus' name we pray. Amen.*

## CHILDRENS MINISTRY SCHEDULES

### Nursery:

Sept. 4<sup>th</sup>- Labor Day Weekend-Volunteers Needed  
Sept.11- Shelby Pumphrey, Alexis Grantham  
Sept. 18<sup>th</sup>- Janice Stephens, Grace Hazen  
Sept. 25<sup>th</sup>- Chase Wolfinger, Jordyn Pumphrey  
October 2<sup>nd</sup>-Shelby Pumphrey, Alexis Grantham  
October 9<sup>th</sup>- Janice Stevens, Grace Hazen  
October 16<sup>th</sup>- Julie Wolfinger, Olivia Holt  
October 23<sup>rd</sup>- Orié Roberts, Nicolette Roberts  
October 30<sup>th</sup>-Shelby Pumphrey, Alexis Grantham

### Sunday School:

Sept. 4<sup>th</sup>- Labor Day Weekend-No Sunday School or Children's Church  
Sept. 11<sup>th</sup>-25<sup>th</sup>-\* Julie Wolfinger, Kim Stephens, Lori Hazen, Tim Dennis  
\*Sept. 18<sup>th</sup>- Beth Prinzi will substitute for Julie Wolfinger  
October 2<sup>nd</sup>-23<sup>rd</sup>-Meagan Rushford, Kim Stephens, Beth Prinzi

## from the Denver Post

08.16.2011– Girl Scouts is kicking off their 100th anniversary celebrations by naming 100 Colorado Girl Scouts as the leaders of tomorrow – the Generation Wow! Generation Wow! recognizes outstanding girls whose individual achievements in Girl Scouts, their schools and communities set them apart as leaders.

Heather is one of the 100 Girl Scouts who have been named for this honor. Girls who earned this honor exhibit a high level of volunteer achievement and make significant contributions to their community. They demonstrate strong leadership skills; participate in service and



John Anderson, known as the "Worm Man", is skilled in the art of vermicomposting, which creates compost with worms. He gives some worms to Heather Fritts who will make her compost box.

learning projects. They exhibit achievement in developing a healthy attitude, both mind and body, and demonstrate exceptional interpersonal skills in teamwork, conflict resolution and goal setting. They embody the vision of Girl Scouting. A committee of outside civic and community leaders from throughout Colorado helped select these recipients. *Congratulations, Heather!*

## St. Francis Center Invites You to "Be Our Guest," Oct. 8, Marriott Hotel City Center, Denver.

Mark your calendar and plan to attend **St. Francis Center's 28th Anniversary Gala Dinner and Auction**. The event is to be held at the Marriott Hotel City Center in downtown Denver on October 8th, 2011 at 5:00 pm. St. Francis Center (SFC) is a daytime refuge for homeless individuals that offers a wide range of programs and services to help meet people's basic needs and transition them out of homelessness. It welcomes all who pass through its doors as "guests," treating every individual with dignity and respect. With a theme of "Be Our Guest," this year's gala will be a celebration of this spirit of hospitality. Attendees will have to opportunity to learn about St. Francis Center's impact in the community and hear from those who've personally benefited from its ministry. Money raised from the silent and live auctions will be used to assist the thousands of men and women who visit St. Francis Center. Individual tickets are \$75, while seniors, volunteers, and groups of 10 are available for \$60 each. Please R.S.V.P. by September 11th, or call Andrew Spinks (303-244-0745) for more information. We'll see you October 8th!

## Retreat Afternoons and Contemplative Worship Service with Kathy Hendricks, Beginning Aug. 20, 2:00 pm, St. Timothy's, Centennial.

Nationally-known author and retreat leader Kathy Hendricks will present a series of Retreat Afternoons at St. Timothy's Episcopal Church, 1401 E. Dry Creek Road in Centennial. On August 20 she'll lead us in exploring our relationships with Jesus by asking "Who do you say that I am?" Meditations will be offered at 2:00 and 3:00 pm, with time for quiet or social activities afterwards. The afternoon will conclude with a contemplative worship service at 4:00-please come when you can and leave when you must. For more information, contact Rev. Michael Carney at michael@sttims.net or 303-482-7818.